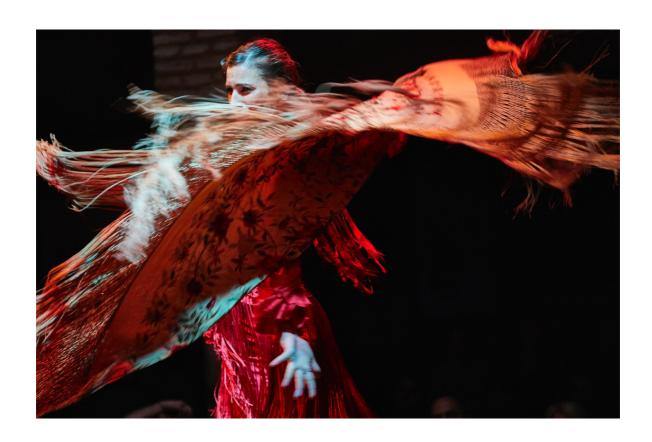
# ALUZ

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Day 1 - Thursday 25<sup>th</sup> September - Arrival day / Seville / Palacio Bailen / Hacienda de San Rafael

**TBC** – Seville airport – Flight from Athens – You will be met by team & driver and transferred to Seville in a VIP new modern and comfortable 55-seat Mercedes bus and Ithe uggage will be delivered to the Hacienda de San Rafael (all tagged) in a separate vehicle. The emergency number is +34 620860296 (Anthony Reid the owner of Hacienda de San Rafael).

**Host** – Your host / chaperone for the afternoon will be Gerry Corbett

Gerry Corbett has lived and worked in Andalusia for over 20 years. She comes from London but had a nomadic childhood moving from country to country as the daughter of a career diplomat. Gerry has a long relationship with ALUZ collection, she was the manager at the Hacienda de San Rafael for seven years and continues to collaborate in many ways. She has a unique eye for all the authentic product in Andalusia and is extremely well connected opening up genuine experiences. Her inside knowledge, charm and historical anecdotes provide a twist as well as a sense of place.

20h00 - Meet your host Pepa Ybarra at Palacio Bailen

Palacio Bailen is a historic home dating from the XVI century and in walking distance from the drop off point. After completing an extensive restoration of the house, Palacio Bailen offers private access to guests. Palacio Bailen is owned by, the decorator and entrepreneur Pepa Ybarra and also serves as her family residence. Belonging to an extensive family of artists, Pepa has a vast experience hosting high- end tourism in Seville. Owner of Casa Bailen since a child, she has an indepth knowledge of the decorative antique world. With great attention to detail, she uses her knowledge to design and create amazing scenarios with a unique atmosphere to all kind of events. She is famous for her table settings, which include heirloom candelabras, antique silverware, and linens.

20h30 - Private dinner hosted by the owner Pepa Ybarra

**22h45** - Transferred to Hacienda de San Rafael in a VIP new modern and comfortable 55-seat Mercedes vehicle

23h45 - Check in and welcome drink / tea / coffee in the courtyard

The award-winning Hacienda de San Rafael, once a thriving olive estate, has been meticulously restored and converted into a luxury hideaway striking the perfect balance between rustic charm and modern sophistication. This privately owned eighteenth-century hideaway is perfectly positioned halfway between the historic cities of Seville and Jerez de la Frontera, and is renowned for its sherry bodegas and dancing horses. To the east, in the Sierras de Grazalema lie the attractive white villages known as pueblos blancos.

The Hacienda is a heavenly hideaway in rural Andalusia offering a home from home feel. This family owned retreat is both charming and welcoming with a handpicked team from our local white village. The timeless elegance of the 18<sup>th</sup> century Hacienda has a generosity of spirit and a soul that captures all five senses; the endless views of the Andalusian plains with your olive and almond groves, the sea of sunflower fields, the scent of the lavender and jasmine in the gardens, nothing but blue skies and the sun shining so bright, the soothing breeze off the Atlantic ocean as you wake from your siesta, the singing cicadas, the gentle running water from the pools, the albero sand under your feet and the dry manzanilla sherry to reminisce about the good times.



Your host for your stay will be Anthony Reid Mora-Figueroa, Anthony is a travel specialist, hotelier, curator, communicator and observer. Anthony hosts and designs experiences for individual travellers and small groups that are built on long term relationships, handpicked guides and carefully crafted itineraries. He offers insider's look into the spirit and essence of Andalusian life. For Anthony, travel is a pathway to deeper learning, self nourishment, openness and connection.

Overnight - Hacienda de San Rafael on an exclusive use basis



Day 2 - Friday 26<sup>th</sup> September - Jerez / Royal school of equestrian art / Bodegas Lustau & paella lunch / Palacio Domecq & Flamenco / Hacienda de San Rafael

Host – Your host / chaperone for the day will be Gerry Corbett

08h00 onwards - Breakfast in the east garden

**10h30 -** Private transfer from Hacienda de San Rafael to Jerez in a VIP new modern and comfortable 55-seat vehicle with your own personal local host and a dedicated driver.

Note - Water on buses

Jerez is a charming city known throughout the world for the production of sherry wines which it has been producing for centuries. There are records of wines being exported to the UK in the 14<sup>th</sup> century and in the 16<sup>th</sup> century Sir Francis Drake sacked the port of Cadiz seizing large quantities of sherry which was a huge hit with Queen Elizabeth I of England's court. Sherry wines are elegant and complex with a wide range of styles from bone-dry and pale to raisin-like and sweet, they are all made with white grapes and fortified with grape alcohol which made them great for transporting on long journeys.

11h30 - Upon arrival you will be given a short introductory tour of the premises in order to learn about this iconic local institution and its role in the city. Later, you will be escorted to your seats in the performing venue (VIP tickets) to get ready for the show "How the Andalusian horses dance".

The show is a great exhibition of Southern Spanish country riding, dressage and horse carriage driving, accompanied by a long piece of Classical Music composed especially for it. You will have private access to the backstage during the interlude of the show to see the horses warming up, the immaculate tack room and stables.

**13h30** - After the horse show, be transferred to Bodegas Lustau for a private tour with sherry tastings and an authentic paella lunch in one of the majestic bodegas. The party will have Bodegas Lustau on an exclusive use basis.

Emilio Lustau is one of the most exclusive wineries that currently exists in Jerez de la Frontera. In 1896, it was founded as a sherry wine storekeeper in the Nuestra Señora de la Esperanza vineyard, on the outskirts of the City of Jerez de la Frontera. Their wineries are a sanctuary. A quiet space, where time stops creating a unique atmosphere. A building dating back to the 19th century, which houses their wines and defines an identity. The elegance of simplicity, dyed white and white, expand by the 20,000 square meters of our elegant facilities; where more than 15,000 American oak wine boots and steel tanks rest. Tradition and the pursuit of excellence have made them reach the highest levels in quality and recognition. Their wines today are famous worldwide and are awarded by multiple institutions such as the prestigious International Wine Challenge.

13h45 - Arrival to the Bodega and private visit hosted by the managing director Juan Mateos Arizon

14h30 - Sherry Tastings accompanied by tapas

14h45 - Paella lunch in Bodega

15h45 - end of private visit and private transfer back to Hacienda de San Rafael.

16h30 - arrival to Hacienda de San Rafael

Relax in the afternoon

**19h45 / 20h00 -** Private transfer from Hacienda de San Rafael to Jerez in a VIP new modern and comfortable 55 -seat vehicle with your own personal local host and a dedicated driver.

Note – Water on buses

**20h45** – Private visit to Palacio Domecq hosted by the owner Marta Rodriguez Vera

The **Domecq Palace** is the finest example of 18<sup>th</sup>-century **Jerez Baroque** architecture. Since 1885, it has been the home of The Domecq's, one of the families with the longest winemaking tradition in Spain. The Palace responds to the typology of Jerez bourgeois houses of the second half of the 18th century. Prototype of the great houses built by the aristocracy and the bourgeoisie winemakers established in the city. With a quadrangular floor plan, it is structured by a large central courtyard of Italian marble, and a three-story facade with majestic balconies that give way to one of the best views of Jerez. Its architects were **Juan Díaz de la Guerra**, the Sevillian **Antonio Matías de Figueroa** and **Pedro de Cos**, authors of numerous renowned works in Jerez and Andalusia. Paintings, tapestries, sculptures and noble materials brought specifically from **Italy**, **Flanders and France**, frame a unique and exceptional artistic and cultural ensemble. Marta will personally host you and show you around her palace.

21h30 - Private Flamenco & tapas dinner

Jerez is the cradle of flamenco in Spain and offers some of the most artistic and passionate performances including various styles such as alegrias, tangos and the infamous bulerias enabling the spectator to feel "duende" along the way. This impressive venue on the top floor is kept a secret for the end of the visit.

23h00 - end of private visit and private transfer back to Hacienda de San Rafael.

Overnight - Hacienda de San Rafael on an exclusive use basis



Day 3 – Saturday 27<sup>th</sup> September – Sevilla / Historical tour of Seville / Exclusive use of Palacio las Dueñas / Tapas in Casa Roman / Celebration / Hacienda de San Rafael

**Host** – Your host / chaperone for the day will be Gerry Corbett

**08h00** onwards - Breakfast in the east garden

**09h30 -** Private transfer from Hacienda de San Rafael to Jerez in a VIP new modern and comfortable 55 seater vehicle with your own personal local host and a dedicated driver.

Note - Water on buses

Your private historical guides Carmen & Virginia will meet you at Iglesia San Pedro (St Peter's church). You will begin your tour with an exclusive visit of Palacio las Dueñas, home to the former Duchess of Alba, a 15<sup>th</sup>-century house with large gardens and Mudejar patios and an impressive art collection of old masters in the private living rooms. After this privileged visit to Palacio las Dueñas you will wonder the streets of Seville discovering the beauty of the city in the more undiscovered parts of town. Your tour will include some of the major sites of historical interest such as the cathedral from outside, reputed to be the largest church in the world and built on the site of a 12th century mosque. The Alcázar, originally a Moorish palace that dates back to the 14th century will be scheduled after the walk. The tour ends with a walk through the Santa Cruz district,

the old Jewish quarter that is a maze of narrow streets, wrought iron gates and internal patios with typical fountains and potted plants. You will finally be dropped off at Casa Roman, a traditional tapas bar in the old Jewish quarter.

10h30 - Drop off in Ponce Leon or San Pedro church

10h45 - Exclusive use visit to Palacio las Dueñas

12h15 - 13h30 - Wonder through to the Royal Alcazar

13h30 - 14h30 - Visit Royal Alcazar

**14h45** – Tapas lunch at Casa Roman – The party will have a private designated area in the tapas bar ensuring that they receive the vibrant ambience of Seville where it is custom that the gentry come for a sherry and plate of jamon iberico de bellota.

16h15 – After lunch walk back to Jardines de Murillo to meet your driver

17h15 - Arrive at the Hacienda

Relax in the afternoon

19h30 - Tapas and pre dinner drinks in the courtyard / gardens / façade

Iberian ham cutter & Iberian ham 100% acorn fed & Sherry venenciador in west garden

Music – Rhumba Kings

20h30 - Dinner in the gardens / courtyard / façade / east garden

Music - Cuban band in the east garden / DJ

Overnight – Hacienda de San Rafael in the Casita Suite room category



Day 4 - Sunday 28<sup>th</sup> September - Day at leisure / horse riding / hiking / massages / yoga / departure

**Host** – Your host / chaperone for the day will be Gerry Corbett

**08h00** onwards - Breakfast in the east garden

**Optional -** Private transfer from Hacienda de San Rafael to the horse stables / hiking in the Sierra de Grazalema in a VIP new modern and comfortable vehicle with your own personal local host and a dedicated driver.

Note - Water on buses

# Optional ALUZ experiences

### Horse riding at La Corbera

Situated just a half hour drive from the Hacienda we find a lovely finca owned by Alfonso Gonzalo de Bustos who is a passionate horseman. You can enjoy private rides through the local countryside along sandy trails, through olive groves, fields of wheat, sunflowers and orange trees with plenty of sandy tracks to canter along.

### Horse riding at La Alcantara

Alcantara is entirely dedicated to the world of horses. It is situated 10 kilometres outside Jerez de la Frontera, in the middle of a rich agricultural land with corn, cottin, cattle, beetroot, sunflowers and vineyards. The owner Alfonso Lopez de Carrizosa is a genuine man of the countryside who has dedicated his life to horses. His horses, mostly Spanish breed, eagerly await you. He personally trains them to be highly responsive, friendly and versatile. Whether you are a beginner or an experienced rider, you will have a horse suited to you, your level and desires.

# Hiking in the Sierra de Grazalema

To the south east of Seville lies the Grazalema National Park. Its mountain range is 1700m at its highest point and is largely made up of limestone and dolomite. It has the most rainfall in Spain making it quite green for Andalusia and in the springtime, you can see many wild flowers. It is the only area in Spain where you can find the almost extinct Pinsapo pine. The landscape is varied with Cork and Holm Oak, Eucalyptus, Strawberry trees, Fan palms, Acebuche (wild Olives), Almond and Carob trees. In rocky areas you often find stonecrop and saxifrage plants. It is also home to one of the largest colonies of Griffin Vultures in Europe. The Grazalema Park is a great area for hiking with all this dramatic scenery and fresh air. There are a good variety of hiking routes to walk and generally take between three and four hours to complete. After spending the morning hiking, you will have lunch or tapas in one of the restaurants or local bars in the area, before being driven back to Hacienda de San Rafael.

### LazyBuddha Special Osteo-Thai Massage

A blend of deep tissue acupressure and gentle joint release to improve mobility, restore vitality and create lightness and a general sense of well-being. It can also help for pain relief in the lumber or shoulder-neck area and can be offered in combination with conscious breathing and BCT. The treatment takes place on a comfortable floor mat, wearing loose clothing.

# Biodynamic Craniosacral Therapy (BCT)

A gentle hands-on therapy of non-doing, characterised by meditative awareness, where the client lays on a massage table or on a floor mat, with comfortable clothing. Biodynamic craniosacral therapy is an interactive process of embodied connection, a deep listening to the inherent expression of the subtle rhythms and change of directions of the flow of the cerebrospinal fluid. These rhythms can be sensed through touch and stillness, perceived as minute micro-movements in the cranium and down the spine to the sacrum (hence craniosacral therapy). This pulse is embedded in the CS fluid and is also known as the breath of life, which has profound healing properties when allowed to flow freely.

### Ayurveda Massage Therapy

A relaxing oil massage for detox and stress release, based on the principles of Ayurveda. Rhythmic and slow body strokes are applied according to the predominant dosha, including marma point therapy. The treatment is performed on a massage table or floor mat (also possible in combination with Thai massage).

# Somatic Yoga, Pranyama & Meditation

Mindful movement and breathing exercises that can lead to a deep meditative state of awareness in body and mind. They encourage your own embodied movement connection and spark a deeper awareness of the importance of core strength, stability and balance, and perhaps some new insides into the meaning of Yoga.

Optional: Lunch at the Hacienda / lunch off site

**TBC** –Transferred to Seville airport in a VIP new modern and comfortable 55-seat Mercedes bus and luggage delivered to go in a separate vehicle to the airport (all tagged).

Note - Water on buses